

# **Internet Resources for Lesbian, Gay, Bisexual and Transgender Elders**

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Equity Action Summit

10/31/2008

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Subject	Web Address & Description
Drug Use and Abuse	<a href="http://www.health.org/referrals/resguides.aspx?InvNum=MS489#Organizations">http://www.health.org/referrals/resguides.aspx?InvNum=MS489#Organizations</a> Center for Substance Abuse Prevention, SAMHSA; provides alcohol and drug abuse information, resources, and list of organizations serving LGBT people
Drug Abuse and Recovery for Lesbians	<a href="http://www.soberdykes.org/welcome.html">http://www.soberdykes.org/welcome.html</a> Information resources as well as lesbian 12step support mailing list, newsletter, and list of gay and lesbian AA meetings.
SAGE (Senior Action in a Gay Environment)	<a href="http://www.sageusa.org/">http://www.sageusa.org/</a> Oldest & largest organization devoted to meeting the needs of aging GLBT persons; SAGE New York City provides many direct services and resources to GLBT seniors, education, training for health providers, and advocacy.
Gay and Lesbian Medical Association	<a href="http://www.glma.org">www.glma.org</a> National organization committed to ensuring equality in health care for LGBT individuals and health care professionals through professional education, public policy work, patient education and referrals, and the promotion of research; hosts annual conference; publishes the Journal of the Gay and Lesbian Medical Association; many links and resources; provides guidelines for Caring for LGBT patients at <a href="http://www.glma.org/medical/clinical/lgbti_clinical_guidelines.pdf">http://www.glma.org/medical/clinical/lgbti_clinical_guidelines.pdf</a>
Association of Gay and Lesbian Community Centers	<a href="http://www.lgbtcenters.org/">http://www.lgbtcenters.org/</a> The National Association of LGBT Community Centers (NALGBTCC) supports and enhances LGBT community centers; provides list of community centers; technical assistance, training, and networking opportunities; distribution of nationally-coordinated program materials; assistance in forming new centers; and linkages to other national organizations, foundations, and government.
Healthy People 2010 (Companion Document for LGBT Health)	<a href="http://www.glma.org/policy/hp2010/index.shtml">http://www.glma.org/policy/hp2010/index.shtml</a> Focuses on approximately 120 objectives and 12 focus areas from the recently published <a href="#">Healthy People 2010 document</a> , the federal blueprint for public health for the next ten years; examines these areas and lists specific recommendations regarding improved access, preventative medicine, and cultural competency; Makes recommendations in the following areas: quality health services, mental health, public health infrastructure, HIV, immunization and infectious diseases, tobacco, injury and violence prevention, and substance abuse; includes a comprehensive LGBT health resource list .

From P.M. Burbank (Ed.) (2006). *Vulnerable Older Adults: Health Care Needs and Interventions*, NY: Springer Publishing.

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National Gay and Lesbian Task Force	<a href="http://www.thetaskforce.org/">http://www.thetaskforce.org/</a> The first national (LGBT) civil rights and advocacy organization founded in 1973; works to build the political strength of the LGBT community by training state and local activists and leaders, working to strengthen the infrastructure of state and local allies, and organizing broad-based campaigns to build public support for complete equality for LGBT people. Policy Institute, provides research and policy analysis to support the struggle for complete equality; links to several publications including those on elder issues; hosts annual “Creating Change” conference.
National Coalition for Lesbian, Gay, Bisexual, and Transgender Health	<a href="http://www.lgbthealth.net/">http://www.lgbthealth.net/</a> Committed to improving the health and well-being of LGBT individuals and communities through public education, coalition building and advocacy that focuses on research, policy, education and training.
Mental Health Service Organization in San Francisco	<a href="http://www.newleafservices.org/index.htm">http://www.newleafservices.org/index.htm</a> Provides professional mental health, substance abuse, and social support services to LGBT people of all ages; Outreach to Elders program offers information and referrals, support services, friendly visits for the homebound, educational and cultural activities, holiday events, group outings, and women’s and men’s social/recreational activities and groups and geriatric mental health services including in-home, senior-specific counseling services and medication management.
Rainbow Train	<a href="http://www.rainbowtrain.org/links.html">http://www.rainbowtrain.org/links.html</a> Rainbow Train works to ensure that LGBT cultural competency training becomes a part of the overall training of health care and service providers; training increases the awareness of service providers about the diversity of sexual orientations and gender identities among their senior clients; helps providers to better identify and meet clients’ needs by providing care without judgments or assumptions.
Lesbian and Gay Aging Issues Network (LGAIN)	<a href="http://www.asaging.org/networks/LGAIN/about.cfm">http://www.asaging.org/networks/LGAIN/about.cfm</a> Works to raise awareness about the LGBT elders and about the unique barriers they encounter in gaining access to housing, healthcare, long-term care and other needed services; fosters professional development, multidisciplinary research and dialogue on LGBT issues in the field of aging through publications, conferences, and cosponsored events.
Transgender information resources	<a href="http://www.tgguide.com/">http://www.tgguide.com/</a> TGGuide provides the Transgender community with quality resources. publishing a comprehensive site of services and information, accurately representing the Transgendered community, in a positive manner; one of the

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	largest collections of informative texts on the web.
National Transgender Advocacy Coalition (NTAC)	<a href="http://www.ntac.org/">http://www.ntac.org/</a> Activist organization founded in 1999; a federal-level lobbyist and supporter of state-level lobbying; works proactively to reform societal attitudes and the law to achieve equal rights for the transgendered and other gender diverse individuals.
Transgender Law and Policy Institute (TLPI)	<a href="http://www.transgenderlaw.org/">http://www.transgenderlaw.org/</a> Advocacy organization brings experts and advocates together to work on law and policy initiatives designed to advance transgender equality; tracks current developments in legal and public policy issues affecting transgender people and their families, and writes summaries of these trends for activists, policymakers, and the media; provides legal, medical, and social science resources to attorneys and others advocating on behalf of transgender individuals; makes freely available litigation, legislative, and education advocacy materials for use by other advocates for transgender people.
Lambda Legal Defense	<a href="http://www.lambdalegal.org/cgi-bin/iowa/index.html">http://www.lambdalegal.org/cgi-bin/iowa/index.html</a> National organization committed to achieving full recognition of the civil rights of lesbians, gay men, bisexuals, transgender people and those with HIV through impact litigation, education, and public policy work; pursues litigation in all parts of the country, in every area of the law that affects LGBT; website provides many informative links.
Transgender Aging Network (TAN)	<a href="http://www.forge-forward.org/tan/index.php">http://www.forge-forward.org/tan/index.php</a> Works to improve the lives of current and future trans/SOFFA (significant others, friends, family and allies) elders by promoting communication, providing information and enhancing the work of researchers, service providers, educators, advocates, elders and others who are interested in trans/SOFFA aging issues; advocates for policy changes in public and private institutions, services, organizations, and programs; provides communication channels through which trans/SOFFA elders can give and receive support and information.
Gay Lesbian and Straight Educators Network	<a href="http://www.glsen.org/cgi-bin/iowa/home.html">http://www.glsen.org/cgi-bin/iowa/home.html</a> A website for educators not geared toward older adults, but many good curricular resources that could be adapted; strives to assure that each member of every school community is valued and respected regardless of sexual orientation or gender identity/expression.
Gay Lesbian and Straight Teachers Network	<a href="http://www.qrd.org/qrd/www/orgs/glstn/">http://www.qrd.org/qrd/www/orgs/glstn/</a> Also for schools, goal is to create an environment at school in which every member of the school community is valued and respected, regardless of sexual orientation; offers many resources to do this applicable to any agency

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Parents and Friends of Lesbians and Gays	<p><a href="http://www.pflag.org/">http://www.pflag.org/</a> Promotes the health and well-being of LGBT persons, families and friends through support to cope with an adverse society; educational programs to improve the general populations understanding of LGBT people; and advocacy, to end discrimination and to secure equal civil rights; provides opportunity for dialogue about sexual orientation and gender identity, and acts to create a society that is healthy and respectful of human diversity.</p>
Lambda Antiviolence Project	<p><a href="http://www.lambda.org/avp_gen.htm#avp">http://www.lambda.org/avp_gen.htm#avp</a> Provides victim services to survivors of hate crimes, domestic violence, sexual assault, and other crimes including crime prevention and education, a 24-hour bilingual (English-Spanish) national hotline, peer-to-peer support groups, and accompaniment to and advocacy with police, the courts, and other service providers; lists resources for victims and general information on violence among the LGBT population.</p>
Society for Psychological Study of Lesbian, Gay and Bisexual Issues, Division of American Psychological Association (APA)	<p><a href="http://www.apa.org/divisions/div44/">http://www.apa.org/divisions/div44/</a> Founded in 1985 to represent sexual orientation issues within and beyond the APA; has over 1500 members in all 50 states, DC and eleven foreign countries; strives to advance the contribution of psychological research in understanding lesbian, gay, and bisexual issues, to promote the education of psychologists and the general public and to inform psychologists, and the general public, about relevant research, educational, and service activities; website has guidelines for psychotherapy practice with LGBT people; Task Force on Aging link has extensive annotated LGBT Aging Bibliography.</p>
Association for gay lesbian and bisexual issues in counseling	<p><a href="http://www.aglbic.org/">http://www.aglbic.org/</a> A division of the American Counseling Association, promotes greater understanding of GLBT issues among members of the counseling profession and related helping occupations; works to improve standards and delivery of counseling services; fosters interest in counseling-related charitable, scientific, and educational programs; works to secure equality of treatment, advancement, qualifications, and status of GLBT members of the counseling profession and related helping occupations; publishes The Journal of GLBT Issues in Counseling.</p>
The Mautner Project	<p><a href="http://www.mautnerproject.org">http://www.mautnerproject.org</a> Improves the health of lesbians and their families through advocacy, education, research, and direct client services including support groups; provides “Removing the Barriers”, a cultural competency training curriculum designed to assist medical and social service providers in providing quality care for women who partner with women.</p>

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